

96.04.09 Workshop FRI SP Session 12 Laughter

Telegram Channel: @sabaitc

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<http://www.ieltstoeflcenter.com/index.php/english-department/workshop-speaking-writing/speaking-workshop/147-speaking-workshop-1396>

The Video Link : -----

Part 2

1. Deny sb sth/deny sth to sb/ deprive sb of sth
2. Peculiar to humans =unique laughter is not unique to humans
3. Projection فرافكنى
4. Conducive to sth = leading to
5. Terms of endearment = words like dear, darling, sugar, pumpkin, honey
6. After all = آ
7. As if/as though انگار
8. Prequel/sequel to sth = the movie before or after
9. A sign of positive intent and good will
10. Produce health benefits
11. What is surprising **though** is that = but
12. They laugh in much the same way
13. In the same way, in much the same way
14. Albeit at a higher frequency = although
15. Other apes = big monkeys without tail
16. In playtime situations
17. So it seems
18. As is the case with humans
19. Laughter predates the evolution of human beings = comes before
20. Along with being
21. A social lubricator = helps socializing
22. Sth may be evolutionarily beneficial
23. Sounds more like a pant than a laugh to us
24. Dogs Exposed to this taped laugh track
25. Ended up having much lower stress levels --- up to here for this session
26. Not only in humans but also in animals
27. Cortisol and dopac fall by around 40% = stress hormone
28. Epinephrine stress hormones inhibit the proper functioning of the immune system
29. Blood platelets = factors in blood which cause coagulation or sometimes heart attack

- 30. **Clog** arteries and raise blood pressure = stop the flow of
- 31. Leading to conditions such as heart disease and stroke
- 32. Increases antibodies that destroy viruses and tumors = germ-killing organisms
- 33. Lead to the release of oxytocin = happiness hormone
- 34. Anti-stress properties stimulate opioids activity
- 35. Laughter elicits positive feelings and a calming effect
- 36. Increase pain tolerance
- 37. Activates the production of endorphins
- 38. Clowns = دلقك
- 39. Needing less **sedation** = مسكن
- 40. A great physical **workout** for the body = exercise
- 41. A **hearty** laugh can exercise the diaphragm =real
- 42. Chronically ill persons = always
- 43. humor room

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Good luck!

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